

WOLF SPIRIT OF THE WATER REQUIREMENTS

Complete the following requirements.

1. Discuss how the water in your community can become polluted.
2. Explain one way that you can help conserve water in your home
3. Explain to your den leader why swimming is good exercise
4. Explain the safety rules that you need to follow before participating in swimming or boating



5. Visit a local pool or public swimming area with your family or den. With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more.



HELPFUL LINKS:

[More Information](#)

[How Does Water Become Polluted?](#)

[Ways to Conserve Water at Home](#)

[Why Is Swimming Good Exercise?](#)

[Safe Swim Defense](#)

[Safety Afloat](#)


[Sharks and Minnows Game](#)

For additional information and resources, see

<https://scoutermom.com/24552/wolf-spirit-of-the-water-adventure-cub-scout/>

WOLF SPIRIT OF THE WATER CHECK OFF SHEET

Complete the following requirements.

 <p style="text-align: right;">Name</p>										
Adventure Requirements										
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4. Explain the safety rules that you need to follow before participating in swimming or boating										
5. Visit a local pool or public swimming area with your family or den. With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more.										
Completed										
Award presented										

For additional resources for the requirements, see <https://scoutermom.com/24552/wolf-spirit-of-the-water-adventure-cub-scout/>