WEBELOS FIRST RESPONDER REQUIREMENTS

Complete requirement 1 and at least five others

1. Explain what first aid is. Tell what you should do after an accident.

2. Show what to do for hurry cases of first aid: serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning.

3. Show how to help a choking victim.

4. Show how to treat for shock.

5. Demonstrate how to treat at least five of the following:										
Cuts and scratches	Burns and scalds	Sunburn								
Blisters on the hand or foot	Tick bites	Bites and stings of other insects								
Venomous snakebites	Nosebleed	Frostbite								

6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly

7. Create and practice an emergency readiness plan for your home or den meeting place.

8. Visit with a first responder or health-care professional.

HELPFUL RESOURCES

First Aid Baseball Game

Kim's Game with Items for a Home First Aid Kit

First Aid Demonstration for Cuts

Fake Wounds for First Aid Demonstrations

<u>Hospital Tag</u>

For additional information and resources, see

https://scoutermom.com/18964/webelos-first-responder-adventure-cub-scout/







WEBELOS FIRST RESPONDER CHECK OFF SHEET

Complete requirement 1 and at least five others

Name					
Adventure Requirements					
1. Explain what first aid is. Tell what you should do after an accident.					
2. Show what to do for hurry cases of first aid: serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning.					
3. Show how to help a choking victim.					
4. Show how to treat for shock					
5. Demonstrate how to treat at least five of the following: Cuts and scratches, Burns and scalds, . Sunburn, Blisters on the hand or foot, Tick bites, Bites and stings of other insects, Venomous snakebites, Nosebleed, Frostbite					
Put together a simple home first-aid kit. Explain.					
Create and practice an emergency readiness plan for your home or den meeting place.					
Visit with a first responder or health-care professional.					
Completed					
Award presented					

For additional resources for the requirements, see <u>https://scoutermom.com/18964/webelos-first-responder-adventure-cub-scout/</u>