

WATER RESCUE METHODS

<https://scoutermom.com/6330/water-rescue-techniques/>

Reach

Try to reach the victim with your arm or leg. If a pole or sturdy stick is available, try to use that to reach out to the victim and pull him to safety. Be careful not to hit the victim.

Throw

Throw something to the victim. Having a throw bag on hand for your adventure on the water is the best way to be prepared. But if you forgot to bring a throw bag, you could also use a rope or a rescue ring. It could also be something which floats which the victim can use to keep himself above water. Coolers float! Once again, be careful not to hurt the victim by hitting them with something hard.

Row

Get a boat out to the victim. You will need two people in the boat - one to handle the boat and one to help the victim. Don't forget your PFDs. Be careful when helping the victim that you don't capsize the boat.

Go

Swim out to the victim to rescue him. This should only be attempted by someone who is trained in swimming and lifesaving. This can be dangerous for the rescuer if he does not know the correct techniques. Take something along which floats for the victim to hold on to. Avoid direct contact with the victim. This is the rescue method of last resort.