

BSA SWIM TEST SUMMARY

<https://scoutermom.com/6281/bsa-swim-test/>

Swimmer

- Jump feet first into water over the head, level off, and begin swimming.
- Swim 75 yards in a strong manner using one or more of the following strokes: side, breast, trudgen, or crawl. Swim 25 yards using an easy, resting backstroke.
- The 100 yards must be completed without stops and must include at least one sharp turn.
- Rest by floating...Long enough to demonstrate ability to rest when exhausted.

Beginner

- Jump feet first into water over the head, level off, and begin swimming.
- Swim 25 feet on the surface.
- Stop, turn, and resume swimming back to the starting place.

Non-Swimmer

- Did not complete either of the swimming tests.