

MYSTERY TASTE TEST GAME

<https://scoutermom.com/33209/mystery-taste-test-game/>

Materials

- Paper cups
- Blindfolds
- An assortment of food items (see the notes below for suggestions)

Instructions

1. Give each youth a blindfold.
2. Have one of the youth put on their blindfold.
3. Put a bite-sized piece of food in a cup and hand it to the blindfolded youth. (If the food requires a spoon or is a liquid, tell them when you give them the cup.)
4. Have them tip the cup back (or use a spoon) and eat the food.
5. Let them guess what it is.
6. If they are correct, they get a point.
7. Continue with the next youth.
8. Each person should get at least three turns to guess a food.

Notes

This can also be played without keeping track of points. Or it can be played in teams, with the team with the most points winning. You can repeat a food later in the game, just don't do it immediately. Here are some food suggestions

apple	applesauce	hard boiled egg
banana	peanut butter	olive
orange	jelly	instant coffee
lemon	honey	hot cocoa mix
raisin	pudding	flour
carrot	jello	sugar
bread	cheese whiz	pepper
cracker	milk	salt
lettuce	orange juice	dried herbs
cheese	lemonade	fresh herbs
small marshmallow	candy	garlic powder