

SCOUTMASTER MINUTE: BOREDOM

<https://scoutermom.com/1231/scoutmaster-minute-boredom/>

I'm bored...

Do you ever get bored? It is a feeling that you have nothing to do. Nothing interesting is going on. You are basically waiting for something to happen. It is not a very fun state to be in.

"Are you bored with life? Then throw yourself into some work you believe in with all your heart, live for it, die for it, and you will find happiness that you had thought could never be yours."

These words were spoken by Dale Carnegie, who was the author of How to Win Friends and Influence People, first published in 1936. I think Mr. Carnegie understood the perfect cure for boredom.

There are so many good things which we can do in the world. Next time you are thinking "I'm bored", look around and find a cause to throw yourself into. Maybe you can volunteer at the local soup kitchen. Or you can help clean up a park. You can write letters to our service men and women who are away from home. You can even help your little brother practice baseball.

It doesn't matter what you do. If you have extra time on your hands, use it wisely. Use it to make the world a better place. And you might just find a lot of happiness along the way.