WEBELOS ADVENTURE: FIRST RESPONDER

Additional checkoff sheets and helps are available from ScouterMom.com.

Complete requirement 1 and at least five others										
1. Explain what first aid is. Tell what you should do after an accident										
2. Show what to do for hurry cases of first aid: serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning.										
3. Show how to help a choking victim.										
4. Show how to treat for shock.										
5. Demonstrate how to treat at least five of the following:										
5A. Cuts and scratches										
5B. Burns and scalds										
5C. Sunburn										
5D. Blisters on the hand or foot										
5E. Tick bites										
5F. Bites and stings of other insects										
5G. Venomous snakebites										
5H. Nosebleed										
5I. Frostbite										
6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly.										
7. Create and practice an emergency readiness plan for your home or den meeting place.										
8. Visit with a first responder or health-care professional										
Completed										
Presented										