LION ADVENTURES: FUN ON THE RUN

Additional checkoff sheets and helps are available from ScouterMom.com.

Do these:										
1. Learn and demonstrate three exercises you can do each day.										
2. Have Lions make a nutritious snack for the den.										
3. Understand the importance of rest.										
4. Participate as a den in Jungle Field Day.										
Completed										
Presented										