FAMILY LIFE MERIT BADGE REQUIREMENTS

Additional checkoff sheets and helps are available from ScouterMom.com.

1. Prepare an outline on what a family is and discuss this with your merit badge counselor. Tell why families are important to individuals and to society. Discuss how										
2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.										
3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them. Discuss with your counselor the effect your chores had on your family.										
4. With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family. Submit a report to your merit badge counselor outlining how the project benefited your family.										
5. Plan and carry out a project that involves the participation of your family. After completing the project, discuss the following with your merit badge counselor:										
5a. The objective or goal of the project										
5b. How individual members of your family participated										
5c. The results of the project										
6. Do the following:										
6a. Discuss with your merit badge counselor how to plan and carry out a family meeting										
6b. After this discussion, plan and carry out a family meeting to include the following subjects:										
(1) Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being										
(2) Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex. This conversation may take place with only one or both of your parents or guardians.										
(3) How your chores in requirement 3 contributed to your role in the family										
(4) Personal and family finances										
(5) A crisis situation within your family										
(6) The effect of technology on your family										
(7) Good etiquette and manners										
Discussion of each of these subjects may carry over to more than one family meeting.										
7. Discuss the following with your counselor:										

7a. Your understanding of what makes an effective father and why, and your thoughts on the father’s role in the family										
7b. Your understanding of the responsibilities of a parent										
Completed										
Presented										