## **VENTURING RANGER AWARD LIFESAVER ELECTIVE**

Additional requirement sheets and helps are available from <u>ScouterMom.com</u>.

a. Do a(i), a(ii), or a(iii)

a-i. Complete the Boy Scout or Venturing Lifeguard requirements and hold a current certification. (Note: BSA Lifeguard certification lasts for three years from the time of certification.)

a-ii. Complete a 45-plus-hour emergency response course or an EMT Basic course.

a-iii. Earn the American Red Cross Lifeguard Training or Lifeguard Trainer certificate.

b. First-aid kit.

b-i. Help build a crew or family first-aid kit

b-ii. Know how to use everything in the kit

b-iii. Teach another person or group how to make and use a first-aid kit.