LION ADVENTURES: FUN ON THE RUN

Additional checkoff sheets and helps are available from <u>ScouterMom.com</u>.

Do these:					
1. Learn and demonstrate three exercises you can do each day.					
2. Have Lions make a nutritious snack for the den.					
3. Understand the importance of rest.					
4. Participate as a den in Jungle Field Day.					
Completed					
Presented					