FIRST AID MERIT BADGE REQUIREMENTS

Additional checkoff sheets and helps are available from <u>ScouterMom.com</u>.

1. Demonstrate to your counselor that you have current knowledge of			 		
all first-aid requirements for Tenderfoot, Second Class, and First Class ranks					
2. Explain how you would obtain emergency medical assistance from:					
2a. Your home					
2b. An activity on open water					
3. Define the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives.					
4. Explain the universal precautions as applied to the transmission of infections. Discuss the ways you should protect yourself and the victim while administering first aid.					
5. Do the following:					
5a. Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.					
5b. With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader.					
6. Describe the early signs and symptoms of each of the following and explain what actions you should take:					
6a. Shock					
6b. Heart attack					
6c. Stroke					
7. Do the following:					
7a. Describe the conditions that must exist before performing CPR on a person. Then demonstrate proper CPR technique using a training device approved by your counselor.					
7b. Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.					
8. Do the following:					
8a. Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely					
8b. Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding					
8c. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified					
9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.					

10. Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the								
10a. Forearm								
10b. Wrist								
10c. Upper leg								
10d. Lower leg	1							
10e. Ankle	1							
11 Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the head, neck, or back.								
12. Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:								
12a. Anaphylaxis/allergic reactions								
12b. Bruises								
12c. Sprains or strains								
12d. Hypothermia								
12e. Frostbite								
12f. Burns—first, second, and third degree								
12g. Convulsions/seizures								
12h. Dehydration								
12i. Muscle cramps								
12j. Heat exhaustion								
12k. Heat stroke								
12I. Abdominal pain								
12m. Broken, chipped, or loosened tooth								
13. Do the following:								
13a. Describe the conditions under which an injured person should be moved								
13b. If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.								
13c. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.								
14. Teach another Scout a first-aid skill selected by your counselor.								
Completed								
Presented	1							
		I	 	 I	I	I	I – – – – – – – – – – – – – – – – – – –	